



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Reinhard Held

Total time: 1:10:34

Club: TV Lorsch

Number: 154

Course: 25.50 km

Rank in course/Total: 36 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 35 (of 210)

Best time in course: 59:54

Category:

Rank in category: 1(of 10)

Senioren 6 (TM 65)

Best time in the category: 1:10:34

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:53	19:45	2	0:07	40	2:05	0.50	9:53	19:45	11	0:07	211	2:05
Wechsel S -> R	-	1:42	-	1	-	7	0:21	0.50	11:35	23:10	1	-	211	1:48
Schwimmen Total	0.50	11:35	23:10	1	-	211	1:48	0.50	11:35	23:10	1	-	211	1:48
Rad netto	20.00	34:53	1:44	1	-	42	10:40	20.50	46:28	2:15	1	-	28	5:19
Wechsel R -> L	-	0:51	-	1	-	47	0:25	20.50	47:19	2:18	1	-	25	5:24
Rad Total	20.00	35:44	1:47	1	-	34	10:07	20.50	47:19	2:18	1	-	25	5:24
Lauf Ziel	5.00	23:15	4:39	1	-	66	5:16	25.50	1:10:34	2:46	1	-	35	10:40