



# 17. Lorsch Triathlon

Lorsch / 21.08.2022

## Detailed evaluation

Gerd Schneider

Total time: 1:29:08

Number: 316

Course: 25.50 km

Rank in course/Total: 215 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 169 (of 210)

Best time in course: 59:54

Category:

Rank in category: 4(of 10)

Senioren 6 (TM 65)

Best time in the category: 1:10:34

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	11:48	23:36	4	2:02	121	4:00	0.50	11:48	23:36	11	2:02	211	4:00
Wechsel S -> R	-	4:44	-	10	3:02	200	3:23	0.50	16:32	33:04	11	4:57	211	6:45
Schwimmen Total	0.50	16:32	33:04	11	4:57	211	6:45	0.50	16:32	33:04	11	4:57	211	6:45
Rad netto	20.00	39:26	1:58	4	4:33	137	15:13	20.50	55:58	2:43	11	9:30	211	14:49
Wechsel R -> L	-	1:15	-	4	0:24	129	0:49	20.50	57:13	2:47	11	9:54	211	15:18
Rad Total	20.00	40:41	2:02	4	4:57	139	15:04	20.50	57:13	2:47	11	9:54	211	15:18
Lauf Ziel	5.00	31:55	6:23	6	8:40	191	13:56	25.50	1:29:08	3:29	4	18:34	169	29:14