



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Monika Hansmann

Total time: 1:53:00

Number: 63

Course: 25.50 km

Rank in course/Total: 276 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 69 (of 69)

Best time in course: 1:06:39

Category:

Rank in category: 13(of 13)

Seniorinnen 2 (TW 45)

Best time in the category: 1:22:55

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	16:29	32:58	12	6:44	67	8:43	0.50	16:29	32:58	14	6:44	70	8:43
Wechsel S -> R	-	3:50	-	12	1:21	56	2:08	0.50	20:19	40:37	14	8:05	70	10:23
Schwimmen Total	0.50	20:19	40:37	14	8:05	70	10:23	0.50	20:19	40:37	14	8:05	70	10:23
Rad netto	20.00	1:00:19	3:00	12	22:31	68	25:12	20.50	1:20:38	3:56	14	28:51	68	35:14
Wechsel R -> L	-	1:31	-	7	0:23	52	0:53	20.50	1:22:09	4:00	14	29:14	68	35:47
Rad Total	20.00	1:01:50	3:05	12	22:30	68	25:45	20.50	1:22:09	4:00	14	29:14	68	35:47
Lauf Ziel	5.00	30:51	6:10	12	9:44	54	10:34	25.50	1:53:00	4:25	13	30:05	69	46:21