



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Sandra Erning

Total time: 1:19:11

Number: 101

Course: 25.50 km

Rank in course/Total: 122 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 15 (of 69)

Best time in course: 1:06:39

Category:

Rank in category: 2(of 10)

Seniorinnen 3 (TW 50)

Best time in the category: 1:11:58

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Schwimmen nett | 0.50 | 12:34 | 25:07 | 4 | 2:32 | 35 | 4:48 | 0.50 | 12:34 | 25:07 | 11 | 2:32 | 70 | 4:48 |
| Wechsel S -> R | - | 2:37 | - | 4 | 0:32 | 23 | 0:55 | 0.50 | 15:11 | 30:22 | 11 | 2:56 | 70 | 5:15 |
| Schwimmen Total | 0.50 | 15:11 | 30:22 | 11 | 2:56 | 70 | 5:15 | 0.50 | 15:11 | 30:22 | 11 | 2:56 | 70 | 5:15 |
| Rad netto | 20.00 | 37:25 | 1:52 | 3 | 0:17 | 6 | 2:18 | 20.50 | 52:36 | 2:33 | 11 | 3:07 | 19 | 7:12 |
| Wechsel R -> L | - | 1:13 | - | 8 | 0:35 | 41 | 0:35 | 20.50 | 53:49 | 2:37 | 11 | 3:29 | 21 | 7:27 |
| Rad Total | 20.00 | 38:38 | 1:55 | 3 | 0:33 | 8 | 2:33 | 20.50 | 53:49 | 2:37 | 11 | 3:29 | 21 | 7:27 |
| Lauf Ziel | 5.00 | 25:22 | 5:04 | 3 | 3:44 | 17 | 5:05 | 25.50 | 1:19:11 | 3:06 | 2 | 7:13 | 15 | 12:32 |