



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Gabriele Köhler

Total time: 1:26:37

Number: 76

Course: 25.50 km

Rank in course/Total: 196 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 39 (of 69)

Best time in course: 1:06:39

Category:

Rank in category: 1(of 4)

Seniorinnen 5 (TW 60)

Best time in the category: 1:26:37

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	13:49	27:37	4	0:57	59	6:03	0.50	13:49	27:37	5	0:57	70	6:03
Wechsel S -> R	-	2:51	-	1	-	32	1:09	0.50	16:40	33:20	5	0:14	70	6:44
Schwimmen Total	0.50	16:40	33:20	5	0:14	70	6:44	0.50	16:40	33:20	5	0:14	70	6:44
Rad netto	20.00	40:07	2:00	1	-	33	5:00	20.50	56:47	2:46	1	-	38	11:23
Wechsel R -> L	-	1:58	-	3	0:55	66	1:20	20.50	58:45	2:51	1	-	40	12:23
Rad Total	20.00	42:05	2:06	1	-	36	6:00	20.50	58:45	2:51	1	-	40	12:23
Lauf Ziel	5.00	27:52	5:34	2	0:40	40	7:35	25.50	1:26:37	3:23	1	-	39	19:58