



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Anna Lena Orth

Total time: 1:20:49

Number: 64

Course: 25.50 km

Rank in course/Total: 143 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 18 (of 69)

Best time in course: 1:06:39

Category:

Rank in category: 5(of 9)

weibliche AK 2 (TW 25)

Best time in the category: 1:12:32

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:39	25:18	7	4:53	36	4:53	0.50	12:39	25:18	10	4:53	70	4:53
Wechsel S -> R	-	2:48	-	6	0:58	30	1:06	0.50	15:27	30:53	10	5:31	70	5:31
Schwimmen Total	0.50	15:27	30:53	10	5:31	70	5:31	0.50	15:27	30:53	10	5:31	70	5:31
Rad netto	20.00	39:56	1:59	5	3:09	31	4:49	20.50	55:23	2:42	10	7:43	31	9:59
Wechsel R -> L	-	0:52	-	5	0:13	22	0:14	20.50	56:15	2:44	10	6:54	31	9:53
Rad Total	20.00	40:48	2:02	5	3:14	29	4:43	20.50	56:15	2:44	10	6:54	31	9:53
Lauf Ziel	5.00	24:34	4:54	3	1:49	12	4:17	25.50	1:20:49	3:10	5	8:17	18	14:10