



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Victoria Bendt

Total time: 1:21:52

Number: 321

Course: 25.50 km

Rank in course/Total: 156 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Women: 22 (of 69)

Best time in course: 1:06:39

Category:

Rank in category: 3(of 4)

weibliche AK 3 (TW 30)

Best time in the category: 1:10:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	12:45	25:30	3	3:41	40	4:59	0.50	12:45	25:30	5	3:41	70	4:59
Wechsel S -> R	-	3:33	-	3	1:41	51	1:51	0.50	16:18	32:36	5	5:22	70	6:22
Schwimmen Total	0.50	16:18	32:36	5	5:22	70	6:22	0.50	16:18	32:36	5	5:22	70	6:22
Rad netto	20.00	39:14	1:57	3	3:13	25	4:07	20.50	55:32	2:42	5	8:35	70	10:08
Wechsel R -> L	-	0:38	-	1	-	1	-	20.50	56:10	2:44	5	8:06	70	9:48
Rad Total	20.00	39:52	1:59	3	2:44	19	3:47	20.50	56:10	2:44	5	8:06	70	9:48
Lauf Ziel	5.00	25:42	5:08	4	2:54	22	5:25	25.50	1:21:52	3:12	3	11:00	22	15:13