



17. Lorsche Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Christine Arnold

Total time: 1:21:11

Number: 96

Course: 25.50 km

Rank in course/Total: 146 (of 279)

Lorsche Triathlon 0,5-20,0-5,0

Rank in course/Women: 19 (of 69)

Best time in course: 1:06:39

Category:

Rank in category: 3(of 7)

weibliche AK 4 (TW 35)

Best time in the category: 1:14:15

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.50	11:30	23:00	3	2:30	20	3:44	0.50	11:30	23:00	3	2:30	70	3:44
Wechsel S -> R	-	2:23	-	1	-	13	0:41	0.50	13:53	27:45	3	2:22	70	3:57
Schwimmen Total	0.50	13:53	27:45	3	2:22	70	3:57	0.50	13:53	27:45	3	2:22	70	3:57
Rad netto	20.00	38:54	1:56	1	-	17	3:47	20.50	52:47	2:34	3	2:11	20	7:23
Wechsel R -> L	-	0:47	-	2	0:01	9	0:09	20.50	53:34	2:36	3	2:05	19	7:12
Rad Total	20.00	39:41	1:59	1	-	17	3:36	20.50	53:34	2:36	3	2:05	19	7:12
Lauf Ziel	5.00	27:37	5:31	4	5:47	37	7:20	25.50	1:21:11	3:11	3	6:56	19	14:32