



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Timo Foitzik

Club: LCI Speyer

Number: 41

Course: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

Category:

männliche AK 3 (TM 30)

Total time: 1:18:31

Rank in course/Total: 115 (of 279)

Rank in course/Men: 101 (of 210)

Best time in course: 59:54

Rank in category: 8(of 17)

Best time in the category: 59:54

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:16	18:32	3	0:21	24	1:28	0.50	9:16	18:32	18	0:21	24	1:28
Wechsel S -> R	-	3:41	-	14	2:13	168	2:20	0.50	12:57	25:53	18	2:32	211	3:10
Schwimmen Total	0.50	12:57	25:53	18	2:32	211	3:10	0.50	12:57	25:53	18	2:32	211	3:10
Rad netto	20.00	38:32	1:55	9	7:48	118	14:19	20.50	51:29	2:30	18	10:20	211	10:20
Wechsel R -> L	-	0:54	-	7	0:24	57	0:28	20.50	52:23	2:33	18	10:28	211	10:28
Rad Total	20.00	39:26	1:58	8	7:56	106	13:49	20.50	52:23	2:33	18	10:28	211	10:28
Lauf Ziel	5.00	26:08	5:13	13	8:09	130	8:09	25.50	1:18:31	3:04	8	18:37	101	18:37