



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Nils Müller

Total time: 1:20:08

Number: 116

Course: 25.50 km

Rank in course/Total: 135 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 118 (of 210)

Best time in course: 59:54

Category:

Rank in category: 11(of 17)

männliche AK 3 (TM 30)

Best time in the category: 59:54

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	14:42	29:23	15	5:47	194	6:54	0.50	14:42	29:23	18	5:47	211	6:54
Wechsel S -> R	-	3:00	-	10	1:32	117	1:39	0.50	17:42	35:23	15	7:17	211	7:55
Schwimmen Total	0.50	17:42	35:23	15	7:17	211	7:55	0.50	17:42	35:23	15	7:17	211	7:55
Rad netto	20.00	37:20	1:52	6	6:36	90	13:07	20.50	55:02	2:41	11	13:53	146	13:53
Wechsel R -> L	-	1:12	-	11	0:42	117	0:46	20.50	56:14	2:44	11	14:19	145	14:19
Rad Total	20.00	38:32	1:55	6	7:02	89	12:55	20.50	56:14	2:44	11	14:19	145	14:19
Lauf Ziel	5.00	23:54	4:46	8	5:55	77	5:55	25.50	1:20:08	3:08	11	20:14	118	20:14