



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Luis H. M. Langer

Total time: 1:19:13

Number: 293

Course: 25.50 km

Rank in course/Total: 123 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 108 (of 210)

Best time in course: 59:54

Category:

Rank in category: 2(of 2)

männliche Jugend A (TM 16/17)

Best time in the category: 1:19:04

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:06	20:11	1	-	50	2:18	0.50	10:06	20:11	1	-	211	2:18
Wechsel S -> R	-	3:11	-	2	0:49	136	1:50	0.50	13:17	26:33	1	-	211	3:30
Schwimmen Total	0.50	13:17	26:33	1	-	211	3:30	0.50	13:17	26:33	1	-	211	3:30
Rad netto	20.00	38:57	1:56	1	-	126	14:44	20.50	52:14	2:32	1	-	211	11:05
Wechsel R -> L	-	1:19	-	2	0:42	136	0:53	20.50	53:33	2:36	1	-	211	11:38
Rad Total	20.00	40:16	2:00	2	0:33	130	14:39	20.50	53:33	2:36	1	-	211	11:38
Lauf Ziel	5.00	25:40	5:08	2	1:07	119	7:41	25.50	1:19:13	3:06	2	0:09	108	19:19