



17. Lorsch Triathlon

Lorsch / 21.08.2022

Detailed evaluation

Thomas Wahrenbruch

Total time: 1:08:17

Club: RV03 Bürstadt

Number: 123

Course: 25.50 km

Rank in course/Total: 25 (of 279)

Lorsch Triathlon 0,5-20,0-5,0

Rank in course/Men: 24 (of 210)

Best time in course: 59:54

Category:

Rank in category: 3(of 29)

Senioren 2 (TM 45)

Best time in the category: 1:02:26

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
Schwimmen nett	0.50	12:35	25:10	17	3:40	149	4:47	0.50	12:35	25:10	30	3:40	211	4:47
Wechsel S -> R	-	2:41	-	16	1:20	88	1:20	0.50	15:16	30:32	30	4:46	211	5:29
Schwimmen Total	0.50	15:16	30:32	30	4:46	211	5:29	0.50	15:16	30:32	30	4:46	211	5:29
Rad netto	20.00	30:18	1:30	1	-	2	6:05	20.50	45:34	2:13	30	4:16	18	4:25
Wechsel R -> L	-	0:58	-	12	0:21	70	0:32	20.50	46:32	2:16	30	4:25	20	4:37
Rad Total	20.00	31:16	1:33	1	-	2	5:39	20.50	46:32	2:16	30	4:25	20	4:37
Lauf Ziel	5.00	21:45	4:20	4	1:26	42	3:46	25.50	1:08:17	2:40	3	5:51	24	8:23