



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

Detailed evaluation

20.Thüringer Zahnarztstaffel

Total time: 16:37:33

Number: 101

Speed: 10.10 km/h

Running performance: 5:55 min/km

Course: 168.70 km

Hörschel-Blankenstein

Rank in course: 93 (of 177)

Best time in course: 11:15:57

Category:

Rank in category: 73(of 118)

Männerstaffel

Best time in the category: 11:15:57

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:22:59	5:55	88	24:34	117	24:34	14.00	1:22:59	5:55	88	24:34	117	24:34
Kleiner Inselsber	19.60	1:36:57	4:56	24	19:48	32	19:48	33.60	2:59:56	5:21	40	44:06	55	44:06
Neue Ausspanne	14.00	1:26:00	6:08	89	35:04	120	35:04	47.60	4:25:56	5:35	63	1:19:10	76	1:19:10
Grenzadler	13.70	1:15:54	5:32	46	24:12	62	24:12	61.30	5:41:50	5:34	53	1:41:03	67	1:41:03
Allzunah	19.90	1:43:41	5:12	46	27:50	64	27:50	81.20	7:25:31	5:29	45	2:06:49	56	2:06:49
Masserberg	17.90	2:10:55	7:18	107	54:19	154	54:19	99.10	9:36:26	5:49	68	2:50:57	83	2:50:57
Neuhaus	19.90	1:53:05	5:40	49	44:42	66	44:42	119.00	11:29:31	5:47	57	3:24:19	72	3:24:19
Schildwiese	13.50	1:24:15	6:14	72	31:49	100	31:49	132.50	12:53:46	5:50	61	3:56:08	78	3:56:08
Brennersgrün	15.90	1:32:26	5:48	66	29:02	88	29:02	148.40	14:26:12	5:50	59	4:23:43	76	4:23:43
Blankenstein	20.30	2:11:21	6:28	97	57:53	146	57:53	168.70	16:37:33	5:54	73	5:21:36	93	5:21:36