



5. Stadtlauf Bad Tennstedt
Bad Tennstedt / 10.09.2022

Detailed evaluation

Pollak, Sina

Club: Förderzentrum Am Fernebach Bruchstedt
Number: 337

Course: 3.50 km
Spaßlauf

Category:
Seniorinnen W35 (35-39 Jahre)

Total time: 45:25

Speed: 3.96 km/h
Running performance: 12:59 min/km

Rank in course/Total: 68 (of 71)
Rank in course/Women: 30 (of 33)
Best time in course: 23:06

Rank in category: 3(of 3)
Best time in the category: 28:48