



14. thüringen ULTRA
Fröttstädt / 02.07.2022

Detailed evaluation

Silke Herrmann

Club: Immer weiter JA zur LIEBE
Number: 75

Course: 100.22 km
100 Kilometer

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 12:51:17

Speed: 7.78 km/h
Running performance: 7:41 min/km

Rank in course/Total: 76 (of 187)

Rank in course/Women: 8 (of 28)

Best time in course: 11:20:25

Rank in category: 1(of 2)

Best time in the category: 12:51:17

Control	Intermediate times			Stage score				Total ranking						
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	3:09:02	7:00	1	-	4	7:52	27.00	3:09:02	7:00	1	-	4	7:52
Floh-Seligenthal	27.00	3:26:56	7:39	1	-	12	24:45	54.00	6:35:58	7:19	1	-	9	27:52
Finsterbergen	22.00	3:07:12	8:30	1	-	10	34:06	76.00	9:43:10	7:40	1	-	7	1:01:58
Finish	24.22	3:08:07	7:46	1	-	7	28:54	100.22	12:51:17	7:41	1	-	8	1:30:52