



14. thüringen ULTRA
Fröttstädt / 02.07.2022

Detailed evaluation

Silke Herrmann

Club: Immer weiter JA zur LIEBE
Number: 75

Course: 100.22 km
100 Kilometer

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 12:51:17

Speed: 7.78 km/h
Running performance: 7:41 min/km

Rank in course/Total: 76 (of 187)

Rank in course/Women: 8 (of 28)

Best time in course: 11:20:25

Rank in category: 1(of 2)

Best time in the category: 12:51:17

Intermediate times

Stage score

Total ranking

| Control | Split | | | Pos | | Behind | | Total | | | Pos | | Behind | |
|------------------|-------|---------|--------|------|------|--------|-------|--------|----------|--------|------|------|--------|---------|
| | km | Time | min/km | Cat. | Cat. | Women | Women | km | Time | min/km | Cat. | Cat. | Women | Women |
| Glasbachwiese | 27.00 | 3:09:02 | 7:00 | 1 | - | 4 | 7:52 | 27.00 | 3:09:02 | 7:00 | 1 | - | 4 | 7:52 |
| Floh-Seligenthal | 27.00 | 3:26:56 | 7:39 | 1 | - | 12 | 24:45 | 54.00 | 6:35:58 | 7:19 | 1 | - | 9 | 27:52 |
| Finsterbergen | 22.00 | 3:07:12 | 8:30 | 1 | - | 10 | 34:06 | 76.00 | 9:43:10 | 7:40 | 1 | - | 7 | 1:01:58 |
| Finish | 24.22 | 3:08:07 | 7:46 | 1 | - | 7 | 28:54 | 100.22 | 12:51:17 | 7:41 | 1 | - | 8 | 1:30:52 |