



3. Lüneburger Heide Staffellauf und Ultra-Marathon

Lüneburg / 18.06.2022

Detailed evaluation

Suhr Arne

Club: Stade Night Runners

Number: 131

Course: 100.00 km

Ultra-Marathon

Category:

Senioren M50 (50-54 Jahre)

Rank in course/Total: DNF (of 102)

Rank in course/Men: DNF (of 86)

Best time in course: 8:42:41

Rank in category: DNF(of 20)

Best time in the category: 10:11:17

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Südergellersen	10.30	1:04:10	6:13	9	8:49	48	16:13	10.30	1:04:10	6:13	9	8:49	48	16:13
Amelinghausen	13.80	1:37:52	7:05	14	23:35	68	33:40	24.10	2:42:02	6:43	10	31:22	58	49:47
Schwindebeck	9.40	1:25:52	9:08	18	29:06	81	41:58	33.50	4:07:54	7:24	14	59:07	70	1:50:34
Bispingen	8.90	1:30:19	10:08	17	37:13	78	48:17	42.40	5:38:13	7:58	17	1:29:36	76	3:20:53
Overhaverbeck	10.80	1:59:23	11:03	15	54:10	72	1:05:43	53.20	7:37:36	8:36	15	2:23:46	69	3:23:14
Undeloh	6.90	-	-	11	-	63	-	60.10	7:37:36	7:36	9	1:58:27	52	2:40:37
Egestorf	9.20	fehlt!	-	-	-	-	-	69.30	-	-	-	-	-	-
Salzhausen	10.70	fehlt!	-	-	-	-	-	80.00	-	-	-	-	-	-
Südergellersen	10.90	fehlt!	-	-	-	-	-	90.90	-	-	-	-	-	-
Sülzwiesen	9.10	fehlt!	-	-	-	-	-	100.00	-	-	-	-	-	-