



3. Lüneburger Heide Staffellauf und Ultra-Marathon Lüneburg / 18.06.2022

Detailed evaluation

Arndt Alexander

Club: Marathon Maniacs/TEA
Number: 2

Course: 100.00 km
Ultra-Marathon

Category:
Senioren M50 (50-54 Jahre)

Rank in course/Total: DNF (of 102)

Rank in course/Men: DNF (of 86)

Best time in course: 8:42:41

Rank in category: DNF(of 20)

Best time in the category: 10:11:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Südergellersen	10.30	1:13:54	7:10	19	18:33	78	25:57	10.30	1:13:54	7:10	19	18:33	78	25:57
Amelinghausen	13.80	1:56:36	8:26	19	42:19	85	52:24	24.10	3:10:30	7:54	19	59:50	85	1:18:15
Schwindebeck	9.40	1:36:05	10:13	20	39:19	83	52:11	33.50	4:46:35	8:33	19	1:37:48	84	2:29:15
Bispingen	8.90	1:43:45	11:39	19	50:39	80	1:01:43	42.40	6:30:20	9:12	19	2:21:43	85	4:13:00
Overhaverbeck	10.80	fehlt!	-	-	-	-	-	53.20	-	-	-	-	-	-
Undeloh	6.90	fehlt!	-	-	-	-	-	60.10	-	-	-	-	-	-
Egestorf	9.20	fehlt!	-	-	-	-	-	69.30	-	-	-	-	-	-
Salzhausen	10.70	fehlt!	-	-	-	-	-	80.00	-	-	-	-	-	-
Südergellersen	10.90	fehlt!	-	-	-	-	-	90.90	-	-	-	-	-	-
Sülzwiesen	9.10	fehlt!	-	-	-	-	-	100.00	-	-	-	-	-	-