



### 3. Lüneburger Heide Staffellauf und Ultra-Marathon Lüneburg / 18.06.2022

#### Detailed evaluation

#### Geßwein Bodo

Club: TV Brauerschwend  
Number: 39

Course: 100.00 km  
Ultra-Marathon

Category:  
Senioren M60 (60-64 Jahre)

Rank in course/Total: DNF (of 102)

Rank in course/Men: DNF (of 86)

Best time in course: 8:42:41

Rank in category: DNF(of 7)

Best time in the category: 12:48:06

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Südergellersen	10.30	1:04:29	6:15	4	4:09	52	16:32	10.30	1:04:29	6:15	4	4:09	52	16:32
Amelinghausen	13.80	1:26:14	6:14	3	4:19	39	22:02	24.10	2:30:43	6:15	4	8:28	45	38:28
Schwindebeck	9.40	59:48	6:21	3	1:01	37	15:54	33.50	3:30:31	6:17	3	8:50	40	1:13:11
Bispingen	8.90	57:28	6:27	1	-	26	15:26	42.40	4:27:59	6:19	3	4:44	44	2:10:39
Overhaverbeck	10.80	1:11:11	6:35	1	-	19	17:31	53.20	5:39:10	6:22	1	-	30	1:24:48
Undeloh	6.90	50:28	7:18	1	-	21	15:52	60.10	6:29:38	6:28	2	31:37	31	1:32:39
Egestorf	9.20	fehlt!	-	-	-	-	-	69.30	-	-	-	-	-	-
Salzhausen	10.70	fehlt!	-	-	-	-	-	80.00	-	-	-	-	-	-
Südergellersen	10.90	fehlt!	-	-	-	-	-	90.90	-	-	-	-	-	-
Sülzwiesen	9.10	fehlt!	-	-	-	-	-	100.00	-	-	-	-	-	-