



### 3. Lüneburger Heide Staffellauf und Ultra-Marathon Lüneburg / 18.06.2022

#### Detailed evaluation

Rien Diana

Number: 98

Course: 100.00 km  
Ultra-Marathon

Category:  
Seniorinnen W40 (40-44 Jahre)

Rank in course/Total: DNF (of 102)  
Rank in course/Women: DNF (of 16)  
Best time in course: 8:42:41  
Rank in category: DNF(of 3)  
Best time in the category: 12:30:06

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Südergellersen	10.30	1:19:14	7:41	3	22:38	15	28:13	10.30	1:19:14	7:41	3	22:38	15	28:13
Amelinghausen	13.80	1:49:50	7:57	3	29:28	16	39:37	24.10	3:09:04	7:50	3	52:06	15	1:07:50
Schwindebeck	9.40	1:19:10	8:25	3	19:57	14	27:30	33.50	4:28:14	8:00	3	1:12:03	15	1:35:20
Bispingen	8.90	1:27:33	9:50	3	28:48	15	35:56	42.40	5:55:47	8:23	3	1:40:51	15	2:11:16
Overhaverbeck	10.80	2:00:40	11:10	3	36:33	15	54:38	53.20	7:56:27	8:57	3	2:17:24	15	3:00:00
Undeloh	6.90	-	-	3		15		60.10	7:56:27	7:55	3	1:16:08	11	2:14:01
Egestorf	9.20	fehlt!	-	-	-	-	-	69.30	-	-	-	-	-	-
Salzhausen	10.70	fehlt!	-	-	-	-	-	80.00	-	-	-	-	-	-
Südergellersen	10.90	fehlt!	-	-	-	-	-	90.90	-	-	-	-	-	-
Sülzwiesen	9.10	fehlt!	-	-	-	-	-	100.00	-	-	-	-	-	-