



10. VR Bank Charity Triathlon Büdingen
Büdingen / 29.05.2022

Detailed evaluation

Stefan Raab

Total time: 1:17:35

Number: 156

Course: 25.55 km

Rank in course/Total: 34 (of 70)

Chari Tria (0,55-20,0-5,0)

Rank in course/Men: 31 (of 55)

Best time in course: 58:31

Category:

Rank in category: 5(of 8)

Senioren 3 MK50

Best time in the category: 1:03:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.55	11:45	21:21	5	3:35	32	4:48	0.55	11:45	21:21	5	3:35	56	4:48
Wechsel S -> R	-	2:45	-	6	1:08	37	1:38	0.55	14:30	26:21	5	4:36	56	6:26
Schwimmen Total	0.55	14:30	26:21	5	4:36	56	6:26	0.55	14:30	26:21	5	4:36	56	6:26
Rad netto	20.00	35:40	1:46	5	3:47	25	6:19	20.55	50:10	2:26	5	8:09	56	11:08
Wechsel R -> L	-	1:20	-	4	0:23	28	0:41	20.55	51:30	2:30	5	8:21	56	11:40
Rad Total	20.00	37:00	1:51	5	3:57	26	6:51	20.55	51:30	2:30	5	8:21	56	11:40
Lauf	5.00	26:05	5:13	5	5:19	37	8:52	25.55	1:17:35	3:02	5	13:40	31	19:04