



10. VR Bank Charity Triathlon Büdingen

Büdingen / 29.05.2022

Detailed evaluation

Flavio Alario

Total time: 2:09:03

Number: 25

Course: 49.25 km

Rank in course/Total: 5 (of 42)

Chari Tria Olymp (1,25-38.0-10,0)

Rank in course/Men: 4 (of 34)

Best time in course: 1:49:44

Category:

Rank in category: 1(of 6)

Olymp Senioren 2 MK45

Best time in the category: 2:09:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	1.25	21:32	17:13	2	0:13	5	3:02	1.25	21:32	17:13	7	0:13	35	3:02
Wechsel S -> R	-	2:22	-	2	0:20	8	0:39	1.25	23:54	19:07	7	0:33	35	3:41
Schwimmen Total	1.25	23:54	19:07	7	0:33	35	3:41	1.25	23:54	19:07	7	0:33	35	3:41
Rad netto	38.00	1:04:34	1:41	3	1:42	13	11:48	39.25	1:28:28	2:15	7	2:15	35	15:01
Wechsel R -> L	-	1:26	-	3	0:11	9	0:34	39.25	1:29:54	2:17	7	2:17	35	15:35
Rad Total	38.00	1:06:00	1:44	3	1:44	13	12:22	39.25	1:29:54	2:17	7	2:17	35	15:35
Lauf	10.00	39:09	3:54	1	-	4	3:44	49.25	2:09:03	2:37	1	-	4	19:19