



Detailed evaluation

Stefan Landwehr

Club: Fachhochschule Erfurt - FHE
Number: 115

Course: 21.00 km
Halbmarathon

Category:
Senioren M45 (45-49)

Total time: 2:02:36

Speed: 10.28 km/h
Running performance: 5:50 min/km

Rank in course/Total: 25 (of 35)

Rank in course/Men: 19 (of 25)

Best time in course: 1:17:00

Rank in category: 5(of 7)

Best time in the category: 1:32:05

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit I	-	13:55	-	5	4:21	21	5:25	-	13:55	-	5	4:21	21	5:25
Zwischenzeit II	-	22:35	-	5	5:20	20	7:57	-	36:30	-	5	9:41	20	13:22
Zwischenzeit I	-	23:04	-	5	5:23	19	8:02	-	59:34	-	5	14:32	20	21:24
Zwischenzeit II	-	24:04	-	5	6:12	20	9:07	-	1:23:38	-	5	20:39	20	30:31
Zwischenzeit I	-	24:11	-	5	5:57	19	9:08	-	1:47:49	-	5	26:36	19	39:39
Finish	21.00	14:47	-	5	3:55	20	5:57	21.00	2:02:36	5:50	5	30:31	19	45:36