



26. Hainichlauf und 3. Werratalmarathon

Mihla / 01.05.2022

Detailed evaluation

Heyerode Uhey

Total time: 3:34:24

Number: 37

Speed: 11.75 km/h

Running performance: 5:05 min/km

Course: 42.20 km

Staffel

Rank in course: 8 (of 9)

Best time in course: 2:42:41

Category:

Rank in category: 8(of 8)

Männerstaffel

Best time in the category: 2:42:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Total	Total	km	Time	min/km	Cat.	Cat.	Total	Total
Falken	11.60	1:00:35	5:13	7	18:57	8	18:57	11.60	1:00:35	5:13	7	18:57	8	18:57
Volteroda	12.30	1:05:20	5:18	8	18:52	8	18:52	23.90	2:05:55	5:16	8	37:49	9	37:49
Creuzburg	9.10	46:40	5:07	8	10:40	8	10:40	33.00	2:52:35	5:13	8	48:29	8	48:29
Mihla	9.20	41:49	4:32	3	4:36	3	4:36	42.20	3:34:24	5:04	8	51:43	8	51:43