



44. Alteburglauf

Arnstadt / 05.05.2023

Detailed evaluation

Thiel, Stefan

Total time: 1:36:30

Club: TRCT Racing Team/ ATR Jena/ SV Empor Buttsberg
 Number: 374

Speed: 13.06 km/h

Running performance: 4:36 min/km

Course: 21.00 km

Rank in course/Total: 2 (of 27)

Halbmarathon

Rank in course/Men: 2 (of 24)

Best time in course: 1:31:35

Category:

Rank in category: 2(of 6)

Senioren M40 (40-44)

Best time in the category: 1:31:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.50	47:46	4:32	2	3:32	2	3:32	10.50	47:46	4:32	2	3:32	2	3:32
Lap 2	10.40	48:21	4:38	2	1:22	2	1:22	20.90	1:36:07	4:35	2	4:54	2	4:54
Last lap Alteburg	0.10	0:23	3:50	4	0:04	5	0:04	21.00	1:36:30	4:35	2	4:55	2	4:55