



44. Alteburglauf
 Arnstadt / 05.05.2023

Detailed evaluation

Krüger, Thomas

Club: N3 Sportverein e.V.
 Number: 364

Course: 21.00 km
 Halbmarathon

Category:
 Senioren M35 (35-39)

Total time: 1:55:53

Speed: 10.87 km/h
 Running performance: 5:31 min/km

Rank in course/Total: 11 (of 27)

Rank in course/Men: 11 (of 24)

Best time in course: 1:31:35

Rank in category: 3(of 4)

Best time in the category: 1:52:28

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.50	54:39	5:12	2	0:07	7	10:25	10.50	54:39	5:12	2	0:07	7	10:25
Lap 2	10.40	1:00:46	5:50	3	3:13	13	13:47	20.90	1:55:25	5:31	3	3:20	11	24:12
Last lap Alteburg	0.10	0:28	4:39	2	0:05	12	0:09	21.00	1:55:53	5:31	3	3:25	11	24:18