



44. Alteburglauf  
 Arnstadt / 05.05.2023

Detailed evaluation

Solcher, Clara

Club: Laufladen Erfurt OCR Team  
 Number: 372

Course: 21.00 km  
 Halbmarathon

Category:  
 Seniorinnen W30 (30-34)

Total time: 2:13:43

Speed: 9.42 km/h  
 Running performance: 6:22 min/km

Rank in course/Total: 22 (of 27)

Rank in course/Women: 3 (of 3)

Best time in course: 1:56:59

Rank in category: 2(of 2)

Best time in the category: 2:10:32

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Lap 1	10.50	1:03:22	6:02	2	1:43	3	6:14	10.50	1:03:22	6:02	2	1:43	3	6:14
Lap 2	10.40	1:09:45	6:42	2	1:25	3	10:22	20.90	2:13:07	6:22	2	3:08	3	16:36
Last lap Alteburg	0.10	0:36	5:59	2	0:03	3	0:08	21.00	2:13:43	6:22	2	3:11	3	16:44