



31. Arnstädter Citylauf

Arnstadt / 29.04.2023

Detailed evaluation

Hofmann, Franz

Club: SV Arnstadt 02

Number: 169

Course: 10.00 km

10-km-Lauf

Category:

männliche Jugend U18 (16-17 Jahre)

Total time: 58:19

Speed: 10.29 km/h

Running performance: 5:50 min/km

Rank in course/Total: 57 (of 68)

Rank in course/Men: 46 (of 52)

Best time in course: 36:20

Rank in category: 2(of 2)

Best time in the category: 37:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	1.67	9:30	5:41	2	3:41	50	3:52	1.67	9:30	5:41	2	3:41	50	3:52
Lap 2	2.35	14:06	6:00	2	5:10	46	5:24	4.02	23:36	5:52	2	8:51	48	9:16
Lap 3	2.35	13:53	5:54	2	4:55	46	5:13	6.37	37:29	5:53	2	13:46	46	14:29
Lap 4	2.35	13:06	5:34	2	4:04	40	4:24	8.72	50:35	5:48	2	17:50	46	18:53
Last lap Finish	1.28	7:44	6:02	2	2:48	43	3:06	10.00	58:19	5:49	2	20:38	46	21:59