



52. Brockenlauf
Ilseburg / 02.09.2023

Detailed evaluation

Försterling, Sven

Club: Braunschweig
Number: 121

Course: 26.20 km
26,2 km - Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 3:03:57

Speed: 8.55 km/h
Running performance: 7:01 min/km

Rank in course/Total: 425 (of 537)

Rank in course/Men: 362 (of 440)

Best time in course: 1:41:44

Rank in category: 48(of 61)

Best time in the category: 2:00:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Loddenke	3.30	21:19	6:27	41	6:48	321	9:07	3.30	21:19	6:27	41	6:48	321	9:07
Schlüsie	3.10	23:08	7:27	45	6:59	336	9:44	6.40	44:27	6:56	46	13:26	337	18:51
Hermannsklippe	2.60	22:05	8:29	49	7:59	368	10:11	9.00	1:06:32	7:23	47	21:25	354	29:02
Brocken	3.10	35:56	11:35	49	13:26	364	17:43	12.10	1:42:28	8:28	49	34:25	361	46:45
Eiserner Handwe	3.60	23:44	6:35	54	9:45	377	11:08	15.70	2:06:12	8:02	49	43:54	369	57:53
Schlüsie	4.10	21:00	5:07	43	7:28	320	9:03	19.80	2:27:12	7:26	49	51:21	365	1:06:56
Loddenke	3.10	18:25	5:56	51	7:08	380	8:21	22.90	2:45:37	7:13	48	58:16	365	1:15:17
Ilseburg/Markt	3.30	18:20	5:33	35	5:23	290	6:56	26.20	3:03:57	7:01	48	1:03:32	362	1:22:13