



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Annemüller, Christian

Number: 3

Course: 9.50 km
Kurze Strecke

Category:
Senioren M30 (30-34)

Total time: 56:10

Speed: 9.61 km/h
Running performance: 5:55 min/km

Rank in course/Total: 159 (of 248)

Rank in course/Men: 118 (of 152)

Best time in course: 33:01

Rank in category: 11(of 14)

Best time in the category: 37:40