



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Leffler, Vreni

Number: 123

Course: 9.50 km
Kurze Strecke

Category:
Seniorinnen W35 (35-39)

Total time: 56:24

Speed: 10.11 km/h

Running performance: 5:56 min/km

Rank in course/Total: 162 (of 248)

Rank in course/Women: 42 (of 96)

Best time in course: 40:45

Rank in category: 8(of 18)

Best time in the category: 44:19