



18. Ilmenauer Osterlauf
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Bolz-Börmke, Ines

Club: Fit mit Schmidt
Number: 20

Course: 9.50 km
Kurze Strecke

Category:
Seniorinnen W45 (45-49)

Total time: 58:59

Speed: 9.16 km/h
Running performance: 6:13 min/km

Rank in course/Total: 199 (of 248)

Rank in course/Women: 68 (of 96)

Best time in course: 40:45

Rank in category: 7(of 12)

Best time in the category: 41:20