



18. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Senftleben, Stefan

Club: Ilmenau  
Number: 215

Course: 9.50 km  
Kurze Strecke

Category:  
Senioren M60 (60-64)

Total time: 59:55

Speed: 9.01 km/h  
Running performance: 6:19 min/km

Rank in course/Total: 205 (of 248)

Rank in course/Men: 134 (of 152)

Best time in course: 33:01

Rank in category: 13(of 15)

Best time in the category: 43:27