



18. Ilmenauer Osterlauf  
Ilmenau, Ortsteil Heyda / 08.04.2023

Detailed evaluation

Ehnert, Michelle

Number: 35

Course: 9.50 km

Kurze Strecke

Category:

Seniorinnen W30 (30-34)

Total time: 1:01:37

Speed: 8.76 km/h

Running performance: 6:29 min/km

Rank in course/Total: 213 (of 248)

Rank in course/Women: 77 (of 96)

Best time in course: 40:45

Rank in category: 7(of 8)

Best time in the category: 50:50