



12. Inselsberg Marathon

Bad Tabarz / 02.07.2023

Detailed evaluation

Daniel Mindt

Club: SV Glückauf Sondershausen

Number: 30

Course: 18.30 km

1 Runde

Category:

A - Herren Masters 2-4

Total time: 1:28:40

Speed: 12.18 km/h

Running performance: 4:50 min/km

Rank in course/Total: 8 (of 20)

Rank in course/Men: 7 (of 16)

Best time in course: 1:08:41

Rank in category: 3(of 10)

Best time in the category: 1:13:41