



# 23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

## Detailed evaluation

### Annakram

Club: Annakram e.V  
Number: 105

Course: 168.97 km  
Hörschel-Blankenstein

Category:  
Männerstaffel

Total time: 17:54:30

Speed: 9.38 km/h  
Running performance: 6:21 min/km

Rank in course: 184 (of 191)

Best time in course: 10:58:34

Rank in category: 120(of 122)

Best time in the category: 10:58:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Hohe Sonne	14.00	1:20:03	5:43	86	23:49	117	23:49	14.00	1:20:03	5:43	86	23:49	117	23:49
Grenzwiese/Kleir	19.60	2:12:38	6:46	116	56:40	180	56:40	33.60	3:32:41	6:19	114	1:20:04	169	1:20:04
Neue Ausspanne	14.00	1:28:40	6:20	105	35:31	161	35:31	47.60	5:01:21	6:19	120	1:53:13	180	1:53:13
Grenzadler (Ober	13.70	1:49:36	8:00	121	57:44	188	57:44	61.30	6:50:57	6:42	121	2:46:47	189	2:46:47
Allzunah	19.90	2:22:02	7:08	119	1:13:58	187	1:13:58	81.20	9:12:59	6:48	121	3:57:52	190	3:57:52
Masserberg (Ren	17.90	2:05:59	7:02	119	57:39	186	57:39	99.10	11:18:58	6:51	121	4:49:29	190	4:49:29
Neuhaus (Rennst	19.90	1:52:38	5:39	81	35:40	113	35:40	119.00	13:11:36	6:39	121	5:20:37	189	5:20:37
Wanderhütte an	13.50	1:06:46	4:56	31	15:25	37	15:25	132.50	14:18:22	6:28	121	5:35:00	187	5:35:00
Brennersgrün	15.90	1:54:08	7:10	117	57:00	184	57:00	148.40	16:12:30	6:33	121	6:30:48	188	6:30:48
Blankenstein	20.30	1:42:00	5:01	66	27:57	84	1:42:00	168.97	17:54:30	6:21	120	6:55:56	185	6:55:56