



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Sebastian Stolper

Number: 110

Course: 100.00 km
100 Kilometer

Category:
Senioren M30 (30-34)

Total time: 11:36:38

Speed: 8.61 km/h

Running performance: 6:57 min/km

Rank in course/Total: 23 (of 153)

Rank in course/Men: 21 (of 118)

Best time in course: 8:41:00

Rank in category: 1(of 7)

Best time in the category: 11:36:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:08:26	6:58	3	32:06	41	56:37	27.00	3:08:26	6:58	3	32:06	41	56:37
Floh-Seligenthal	27.00	2:59:12	6:38	2	0:46	23	41:40	54.00	6:07:38	6:48	3	32:52	30	1:38:17
Finsterbergen	22.00	2:39:51	7:15	1	-	17	38:40	76.00	8:47:29	6:56	2	10:47	25	2:16:57
Fröttstädt	24.00	2:49:09	7:02	2	2:49:09	22	2:49:09	100.00	11:36:38	6:57	1	-	21	2:55:38