



15. Thüringen ULTRA
Fröttstädt / 30.06.2023-01.07.2023

Detailed evaluation

Sebastian Stolper

Number: 110

Course: 100.00 km
100 Kilometer

Category:
Senioren M30 (30-34)

Total time: 11:36:38

Speed: 8.61 km/h

Running performance: 6:57 min/km

Rank in course/Total: 23 (of 153)

Rank in course/Men: 21 (of 118)

Best time in course: 8:41:00

Rank in category: 1(of 7)

Best time in the category: 11:36:38

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Glasbachwiese | 27.00 | 3:08:26 | 6:58 | 3 | 32:06 | 41 | 56:37 | 27.00 | 3:08:26 | 6:58 | 3 | 32:06 | 41 | 56:37 |
| Floh-Seligenthal | 27.00 | 2:59:12 | 6:38 | 2 | 0:46 | 23 | 41:40 | 54.00 | 6:07:38 | 6:48 | 3 | 32:52 | 30 | 1:38:17 |
| Finsterbergen | 22.00 | 2:39:51 | 7:15 | 1 | - | 17 | 38:40 | 76.00 | 8:47:29 | 6:56 | 2 | 10:47 | 25 | 2:16:57 |
| Fröttstädt | 24.00 | 2:49:09 | 7:02 | 2 | 2:49:09 | 22 | 2:49:09 | 100.00 | 11:36:38 | 6:57 | 1 | - | 21 | 2:55:38 |