



# 10. Arnstädter Alteburgstaffellauf

Arnstadt / 29.05.2024

## Detailed evaluation

Juniorenlaufbrigade Angelhausen-Oberndorf Total time: 29:38

Number: 15

Speed: 12.15 km/h

Running performance: 4:56 min/km

Course: 6.00 km

Staffel 5 x 1,2 km

Rank in course: 6 (of 30)

Best time in course: 25:45

Category:

Rank in category: 6(of 30)

Staffel

Best time in the category: 25:45

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Wechsel	1.20	6:16	5:13	12	2:06	12	2:06	1.20	6:16	5:13	12	2:06	12	2:06
Wechsel	1.20	6:57	5:47	15	2:30	15	2:30	2.40	13:13	5:30	13	4:36	13	4:36
Wechsel	1.20	5:35	4:39	3	0:46	3	0:46	3.60	18:48	5:13	9	5:22	9	5:22
Wechsel	1.20	5:23	4:29	1	-	1	-	4.80	24:11	5:02	7	4:41	7	4:41
Finish	1.20	5:27	4:32	3	0:43	3	0:43	6.00	29:38	4:56	6	3:53	6	3:53