



32. Arnstädter Citylauf

Arnstadt / 27.04.2024

Detailed evaluation

Leo Stein

Number: 119

Course: 5.00 km

5-km-Lauf

Category:

männliche Jugend U16 (14-15) M

Total time: 24:45

Speed: 12.12 km/h

Running performance: 4:57 min/km

Rank in course/Total: 9 (of 40)

Rank in course/Men: 7 (of 21)

Best time in course: 17:54

Rank in category: 1(of 1)

Best time in the category: 24:45

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------|-------|-------|--------|------|--------|-----|--------|-------|-------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Hammerecke | 1.38 | 6:07 | 4:25 | 1 | - | 5 | 1:33 | 1.38 | 6:07 | 4:25 | 1 | - | 5 | 1:33 |
| Hammerecke | 2.34 | 11:51 | 5:03 | 1 | - | 7 | 3:18 | 3.72 | 17:58 | 4:49 | 1 | - | 6 | 4:51 |
| Finish | 1.28 | 6:47 | 5:17 | 1 | - | 8 | 2:00 | 5.00 | 24:45 | 4:57 | 1 | - | 7 | 6:51 |