



32. Arnstädter Citylauf

Arnstadt / 27.04.2024

Detailed evaluation

Sue Singpiel

Total time: 1:02:46

Number: 243

Speed: 9.56 km/h

Running performance: 6:16 min/km

Course: 10.00 km

Rank in course/Total: 60 (of 67)

10-km-Lauf (A-B-C Cup)

Rank in course/Women: 21 (of 25)

Best time in course: 41:41

Category:

Rank in category: 2(of 2)

Frauen (20-29) L

Best time in the category: 51:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Hammerecke	1.67	9:36	5:44	2	2:15	23	2:45	1.67	9:36	5:44	2	2:15	23	2:45
Hammerecke	2.35	14:49	6:18	2	3:11	23	5:00	4.02	24:25	6:04	2	5:26	23	7:45
Control	2.35	14:48	6:17	2	2:15	22	4:57	6.37	39:13	6:09	2	7:41	23	12:42
Control	2.35	15:20	6:31	2	1:56	21	5:35	8.72	54:33	6:15	2	9:37	21	18:17
Finish	1.28	8:13	6:25	2	1:11	21	2:48	10.00	1:02:46	6:16	2	10:48	21	21:05