



53. Brockenlauf
Ilseburg / 07.09.2024

Detailed evaluation

Danny Behrendt

Number: 41

Course: 24.90 km
24,9 km - Lauf

Category:
Senioren M35 (35-39) B

Total time: 1:47:19

Speed: 13.42 km/h

Running performance: 4:18 min/km

Rank in course/Total: 8 (of 433)

Rank in course/Men: 8 (of 351)

Best time in course: 1:34:20

Rank in category: 4(of 49)

Best time in the category: 1:42:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Ilsestein	4.10	19:32	4:45	6	2:10	14	2:56	4.10	19:32	4:45	6	2:10	14	2:56
Plessenburg	2.40	9:58	4:09	2	0:09	5	0:49	6.50	29:30	4:32	4	2:19	9	3:45
Oehrenfeld	3.40	11:49	3:28	3	0:30	6	0:54	9.90	41:19	4:10	4	2:44	9	4:39
Ilsestein	4.80	23:14	4:50	4	2:13	11	13:23	14.70	1:04:33	4:23	4	4:57	10	7:58
Plessenburg	2.30	11:00	4:46	4	0:47	8	1:22	17.00	1:15:33	4:26	4	5:08	9	9:20
Oehrenfeld	3.40	12:32	3:41	4	0:34	7	1:11	20.40	1:28:05	4:19	4	5:42	8	10:31
Ilseburg/Markt	4.50	19:14	4:16	4	0:58	9	2:28	24.90	1:47:19	4:18	4	5:07	8	12:59