



# 8. Erfurter Campuslauf

Erfurt / 26.06.2024

## Detailed evaluation

**Andreas Heym**

Club: EDEKA-Team ERFURT

Number: 129

Course: 2.00 km/Lap

Hauptlauf

Category:

Senioren M45 (45-49)

Total time: 51:07

Speed: 11.74 km/h

Running performance: 5:06 min/km

Laps: 5 (10 km)

Rank in course/Men: 40 (of 68)

Rank in category: 2(of 3)

### Intermediate times

### Stage score

### Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	2.00	9:38	4:48	2	2:13	36	3:02	2.00	9:38	4:48	2	2:13	36	3:02
Lap 2	2.00	9:32	4:46	2	1:32	35	2:49	4.00	19:10	4:47	2	3:45	36	5:51
Lap 3	2.00	10:03	5:01	2	1:34	35	3:20	6.00	29:13	4:52	2	5:19	37	9:11
Lap 4	2.00	10:41	5:20	2	1:55	38	3:53	8.00	39:54	4:59	2	7:14	38	13:03
Lap 5	2.00	11:13	5:36	2	2:30	51	4:35	10.00	51:07	5:06	2	9:44	40	17:38