



## 19. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 30.03.2024

### Detailed evaluation

**Florian Grossmann**

Club: Die flinken Gerataler  
Number: 455

Course: 9.30 km  
Nordic Walking

Category:  
Nordic Walking Männer

Total time: 1:03:31

Speed: 8.50 km/h  
Running performance: 6:49 min/km

Rank in course/Total: 1 (of 42)

Rank in course/Men: 1 (of 13)

Best time in course: 1:03:31

Rank in category: 1(of 13)

Best time in the category: 1:03:31