



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Eck/Schweidler/Henninger

Number: 397

Course: 25.50 km

Triathlonstaffel

Category:

Mixed-Staffel

Total time: 1:17:02

Speed: 19.47 km/h

Running performance: 3:01 min/km

Rank in course: 26 (of 45)

Best time in course: 58:50

Rank in category: 18(of 30)

Best time in the category: 58:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
Schwimmen nett	0.50	11:13	22:26	12	5:09	19	5:09	0.50	11:13	22:26	12	5:09	19	5:09	
Wechsel S -> R	-	1:40	-	15	0:19	22	0:26	0.50	12:53	-	11	4:09	19	4:09	
Rad netto	20.00	37:08	1:51	16	6:49	20	6:49	20.50	50:01	2:26	14	10:41	20	10:41	
Wechsel R -> L	-	0:32	-	6	0:04	10	0:06	20.50	50:33	-	14	10:39	20	10:39	
Lauf	5.00	26:29	5:17	22	8:45	33	9:36	25.50	1:17:02	3:01	18	18:12	26	18:12	