



19. Lorsch Triathlon

Lorsch / 18.08.2024

Detailed evaluation

Thomas Götz

Club: Sandbox Warriors

Number: 135

Course: 25.50 km

Lorsch Triathlon

Category:

Senioren 4 (TM 55)

Total time: 1:13:05

Rank in course/Total: 81 (of 354)

Rank in course/Men: 73 (of 254)

Best time in course: 58:26

Rank in category: 7(of 36)

Best time in the category: 1:08:12

Intermediate times

Stage score

Total ranking

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	10:09	20:18	7	2:04	77	3:22	0.50	10:09	20:18	37	2:04	255	3:22
Wechsel S -> R	-	3:00	-	18	3:00	142	3:00	0.50	13:09	26:18	37	2:19	255	5:01
Schwimmen Total	0.50	13:09	26:18	37	2:19	255	5:01	0.50	13:09	26:18	37	2:19	255	5:01
Rad netto	20.00	36:53	1:50	11	3:21	95	11:08	20.50	50:02	2:26	8	3:46	255	11:05
Wechsel R -> L	-	0:59	-	9	0:23	81	0:27	20.50	51:01	2:29	7	4:03	255	11:12
Rad Total	20.00	37:52	1:53	8	3:18	83	11:09	20.50	51:01	2:29	7	4:03	255	11:12
Lauf Ziel	5.00	22:04	4:24	5	0:57	80	5:17	25.50	1:13:05	2:51	7	4:53	73	14:39