



41. Oster-Ilsetalllauf

Ilsenburg / 30.03.2024

Detailed evaluation

Luca Cheyenne Buck

Club: Rookie 2
Number: 232

Course: 8.70 km
8,7 km - Lauf

Category:
Frauen (20-29)

Total time: 1:00:05

Speed: 7.99 km/h
Running performance: 6:54 min/km

Rank in course/Total: 99 (of 124)

Rank in course/Women: 35 (of 55)

Best time in course: 39:08

Rank in category: 9(of 14)

Best time in the category: 39:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Abzweig Tännental	4.00	28:59	7:14	10	10:04	37	10:04	4.00	28:59	7:14	10	10:04	37	10:04
Ilsenburg/Markt	4.70	31:06	6:37	9	10:53	35	10:53	8.70	1:00:05	6:54	9	20:57	35	20:57