



# 1. SPORTident Winter-Stundenlaufserie mit Musik (3. Lauf)

Arnstadt / 20.03.2024

## Detailed evaluation

Lotta Mund

Number: 13

Course: 0.35 km/Lap

Halbstundenlauf

Category:

weibliche Jugend U14 (12/13)

Total time: 29:25

Speed: 7.85 km/h

Running performance: 7:38 min/km

Laps: 11 (3.85 km)

Rank in course/Women: 11 (of 13)

Rank in category: 2(of 2)

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	0.35	2:10	6:11	2	0:37	10	0:46	0.35	2:10	6:11	2	0:37	10	0:46
Lap 2	0.35	2:12	6:17	2	0:40	10	0:48	0.70	4:22	6:14	2	1:17	10	1:34
Lap 3	0.35	2:59	8:31	2	1:21	13	1:34	1.05	7:21	7:00	2	2:38	12	3:08
Lap 4	0.35	2:49	8:02	2	1:11	13	1:20	1.40	10:10	7:15	2	3:49	12	4:28
Lap 5	0.35	2:53	8:14	2	1:14	13	1:22	1.75	13:03	7:27	2	5:03	12	5:50
Lap 6	0.35	2:51	8:08	2	1:13	11	1:19	2.10	15:54	7:34	2	6:16	12	7:09
Lap 7	0.35	2:50	8:05	2	1:13	11	1:18	2.45	18:44	7:38	2	7:29	12	8:27
Lap 8	0.35	2:52	8:11	2	1:14	12	1:20	2.80	21:36	7:42	2	8:43	12	9:47
Lap 9	0.35	2:54	8:17	2	1:10	10	1:22	3.15	24:30	7:46	2	9:53	11	11:09
Lap 10	0.35	2:29	7:05	2	0:42	10	0:56	3.50	26:59	7:42	2	10:35	11	12:05
Lap 11	0.35	2:26	6:57	2	0:47	10	0:51	3.85	29:25	7:38	2	11:22	11	12:56