



1. SPORTident Winter-Stundenlaufserie mit Musik (3. Lauf)

Arnstadt / 20.03.2024

Detailed evaluation

Felix Beck

Club: HSG IIm-Kreis

Number: 1

Course: 0.35 km/Lap

Halbstundenlauf

Category:

männliche Jugend U14 (12/13)

Total time: 29:06

Speed: 9.38 km/h

Running performance: 6:23 min/km

Laps: 13 (4.55 km)

Rank in course/Men: 19 (of 23)

Rank in category: 3(of 3)

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	0.35	2:00	5:42	1	-	16	0:36	0.35	2:00	5:42	1	-	16	0:36
Lap 2	0.35	2:04	5:54	1	-	17	0:40	0.70	4:04	5:48	1	-	16	1:16
Lap 3	0.35	2:06	6:00	1	-	17	0:41	1.05	6:10	5:52	1	-	17	1:57
Lap 4	0.35	2:06	6:00	1	-	17	0:39	1.40	8:16	5:54	1	-	17	2:36
Lap 5	0.35	2:12	6:17	1	-	17	0:45	1.75	10:28	5:58	1	-	17	3:21
Lap 6	0.35	2:17	6:31	3	0:06	20	1:00	2.10	12:45	6:04	1	-	18	4:11
Lap 7	0.35	2:23	6:48	3	0:26	20	0:55	2.45	15:08	6:10	2	0:26	18	5:06
Lap 8	0.35	2:18	6:34	2	0:13	17	0:48	2.80	17:26	6:13	2	0:39	18	5:54
Lap 9	0.35	2:14	6:22	2	0:13	18	0:46	3.15	19:40	6:14	2	0:52	18	6:40
Lap 10	0.35	2:17	6:31	2	0:20	18	0:47	3.50	21:57	6:16	2	1:12	18	7:27
Lap 11	0.35	2:33	7:17	3	0:32	20	1:03	3.85	24:30	6:21	2	1:44	18	8:30
Lap 12	0.35	2:33	7:17	3	0:28	20	1:02	4.20	27:03	6:26	3	2:12	19	9:32
Lap 13	0.35	2:03	5:51	2	0:10	17	0:32	4.55	29:06	6:23	3	2:22	19	10:04