



### 3. Staffellauf - Rund um Arnstadt

Arnstadt / 18.05.2024

#### Detailed evaluation

#### Trailrunning-Crew Thüringen 1

Club: Club Trailrunning-Crew Thüringen 1  
Number: 7

Course: 59.80 km  
Rund um Arnstadt

Category:  
Männerstaffel

Total time: 4:07:03

Speed: 14.33 km/h  
Running performance: 4:07 min/km

Rank in course: 1 (of 13)  
Best time in course: 4:07:03

Rank in category: 1(of 10)  
Best time in the category: 4:07:03

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
Rudisleben	6.60	24:37	3:43	1	-	1	-	6.60	24:37	3:43	1	-	1	-
Marlishausen	7.80	30:54	3:57	1	-	1	-	14.40	55:31	3:51	1	-	1	-
Angelhausen	6.00	24:33	4:05	2	0:11	2	0:11	20.40	1:20:04	3:55	1	-	1	-
Roda	7.30	31:32	4:19	1	-	1	-	27.70	1:51:36	4:01	1	-	1	-
Neuroda	6.80	29:12	4:17	1	-	1	-	34.50	2:20:48	4:04	1	-	1	-
Reinsfeld	10.30	43:23	4:12	2	0:31	2	0:31	44.80	3:04:11	4:06	1	-	1	-
Dosdorf	7.00	30:01	4:17	3	2:37	3	2:37	51.80	3:34:12	4:08	1	-	1	-
Marktplatz Arnst:	8.00	32:51	4:06	1	-	1	-	59.80	4:07:03	4:07	1	-	1	-