



Detailed evaluation

Rene Ramsthaler

Number: 269

Course: 9.25 km

9 km Lauf

Category:

Senioren M35 (35-39)

Total time: 38:08

Speed: 14.16 km/h

Running performance: 4:07 min/km

Rank in course/Total: 5 (of 91)

Rank in course/Men: 4 (of 57)

Best time in course: 36:04

Rank in category: 2(of 16)

Best time in the category: 36:04

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total | | Total min/km | Pos Cat. | Behind Cat. | Total ranking | |
|----------------|----------|------------|--------------|----------|-------------|-------------|------------|-------|-------|--------------|----------|-------------|---------------|------------|
| | | | | | | Pos Men | Behind Men | km | Time | | | | Pos Men | Behind Men |
| Zwischenzeit I | - | 6:37 | - | 3 | 0:36 | 5 | 0:36 | - | 6:37 | - | 3 | 0:36 | 5 | 0:36 |
| Zwischenzeit I | - | 17:36 | - | 2 | 1:20 | 7 | 1:20 | - | 24:13 | - | 3 | 1:56 | 6 | 1:56 |
| Finish | 9.25 | 13:55 | - | 2 | 0:08 | 4 | 1:09 | 9.25 | 38:08 | 4:07 | 2 | 2:04 | 4 | 2:04 |