



WBG Zukunft Geraauelauf

Erfurt / 24.08.2024

Detailed evaluation

Michael Jehnes

Club: Hannover Runners e.V.

Number: 341

Course: 9.25 km

9 km Lauf

Category:

Senioren M40 (40-44)

Total time: 47:10

Speed: 11.45 km/h

Running performance: 5:05 min/km

Rank in course/Total: 39 (of 91)

Rank in course/Men: 32 (of 57)

Best time in course: 36:04

Rank in category: 3(of 9)

Best time in the category: 37:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Total ranking			
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit I	-	7:56	-	2	1:15	25	1:55	-	7:56	-	2	1:15	25	1:55
Zwischenzeit I	-	20:50	-	2	3:55	30	4:34	-	28:46	-	2	5:10	28	6:29
Finish	9.25	18:24	-	3	4:44	35	5:38	9.25	47:10	5:05	3	9:54	32	11:06